CITY of RIVERTON

RECREATION

Fall 2012

hosted by: CENTRAL Wyoming COLLEGE

Fall Recreation/Learning Opportunities

What's Inside

2012 Fall 'R' Recreation Brochure

SEPTEMBER-DECEMBER, 2012

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'R' RECREATION/COMMUNITY SERVICE

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The 'R' Recreation and Community Education offices are located in the Professional Technical building on the CWC campus, 2660 Peck Avenue, Riverton, WY 82501

CITY OF RIVERTON

Mayor – Ron Warpness
Ward 1 – Eric Heiser, Diana Mahoney
Ward 2 – Todd Smith, Mary Ellen Christensen
Ward 3 – Richard Gard, John (Lars) Baker

SCHOOL DISTRICT 25 RECREATION BOARD

Lars Flanagan, Chairman
Eric Heiser, Vice Chairman
Brett Watson, Treasurer
Renee Moss, Secretary
Keith Bauder
Bret Evans
Glenn Ogg
Marisa Root
Mary Ellen Christensen
Lee Martinez

PAYMENT AND REFUNDS

Payment of each class is required at the time of registration.

Refunds wil be cheerfully given up to two working days before a class starts. This will allow us to fill empty spaces from waiting lists and prevent last minute cancellations of classes.

ACTIVITIES FOR THE YOUTH

Punt, Pass and Kick

The NFL Punt, Pass and Kick is an exciting national skills competition for boys and girls ages 8-15. Participants will compete in punting, passing, and place kicking in a fun and engaging format. Local winners advance to the state sectionals hosted by 'R' Recreation in Riverton on October 14th. Come be a part of the Riverton High School football pre-game activities and then cheer the Wolverines on as they battle against Rawlins at 7pm.

Date: Friday, Sept. 21
Time: Registration: 3:15-3:45 p.m.
Competition: 4 p.m.
Place: RHS Wolverine Turf Field
Ages: 8-15 years old
Cost: Free

Junior 'R' Volleyball

Here is a great way for third, fourth and fifth graders to develop skills and improve their knowledge of the game. Instruction will include passing, setting, hitting and serving with a focus on the fundamentals of the game. Players of all ability are encouraged to use this opportunity to improve on skills and tactics of the game!

Date: Tues & Thurs, Sept. 25-Oct. 11
Time: 5:30-7 p.m.
Place: Rendezvous Elementary
Cost: $10

Triple Threat 3on3 Basketball Tournament

You've asked for it, so here it is…now get your team!! Don't miss this one day 3on3 basketball tournament to showcase your skills and have fun against some outstanding competition. This tournament is designed so that all skill levels can enjoy a day of competition and games. Teams must be registered and fees paid by the October 17th registration deadline. Limited number of teams accepted so register today! Prizes are a super sweet hoodie for the champions in each age group. Game schedules will be available on October 19.

Date: Saturday, October 20
Registration deadline: October 17
Time: Games start at 9a.m.
Place: RMS and RHS
Ages: 9-10, 11-12, 13-14, 15-16 and 17-18 year old divisions
Cost: $40/team

CWC Rustler Basketball Camp

Get ready for Halloween by doing some pumpkin smashin' of a different kind; playing basketball! The camp is back by popular demand and is sure to be a hauntingly good time! Join CWC Rustler basketball coach, Curtis

Condie, and the Rustler players for a dynamic morning of skills and drills.
Date: Saturday, October 27
Time: K-5 grades 9-10:30 a.m.
6-8 grades 10:30 a.m.-noon
Place: CWC Gymnasium
Cost: $10

'R' Basketball

Experienced coaches will work with players on the fundamental skills of basketball. The energetic mixture of fun and age-appropriate competition will give your child a unique opportunity to develop as a basketball player. Players must register by the deadline to be guaranteed a spot in the program.

Middle School, 6-8 Grades

Date: Girls: Oct. 16 - Nov. 20 **Reg. deadline:** Oct. 10
Boys: Jan. 15 - Feb. 21 **Reg. deadline:** Jan 9
Days: Tues and Thurs (Mon will be used as a "make-up" night in case of conflicts)
Time: 6:30-8 p.m.
Place: Middle School Gym
Cost: $20

Fourth and Fifth Grades

Date: Girls: Oct. 15 - Nov. 20 **Reg. deadline:** Oct. 10
Boys: Jan. 14 - Feb. 21 **Reg. deadline:** Jan. 9
Days: Mon, Tues and Thurs. (or as scheduled)
Time: 6-7 p.m. (or as assigned)
Place: Rendezvous Gym (Jackson Elementary used if conflicts)
Cost: $20

Second and Third Grades

Date: Girls: Oct. 15 -Nov. 20 **Reg. deadline:** Oct. 10
Boys: Jan. 14 -Feb. 21 **Reg. deadline:** Jan. 9
Days: 2nd graders; Mon 5:30-6:30 p.m. and Thursday 5:30-6:15 p.m.
3rd graders; Tues 5:30-6:30 p.m. and Thursday 6:30-7:15 p.m.
Place: Aspen Park Gym (please enter through the doors to the right of the main entrance)
Cost: $20

Kindergarten and First Grades

Date: Girls: Oct. 15 - Nov. 26 **Reg. deadline:** Oct. 10
Boys: Jan. 14 - Feb. 18 **Reg. deadline:** Jan. 9
Days: Kindergarten, Mondays, 5:30-6:30 p.m.
1st Graders, Tuesdays, 5:30-6:30 p.m.
Place: Ashgrove Gym
Cost: $15

'R' Volleyball for Middle Schoolers

This is a great way for players in sixth-eighth grade to develop skills and improve their knowledge of the game. Instruction will include passing, setting, hitting and serving with a focus on the fundamentals of the game. This is a great opportunity for both beginners as well as experienced players to advance their game skills and tactical knowledge.
Dates: Nov. 27 -Dec 13, Tues & Thurs
Time: 6:30-8 p.m.
Place: Middle School Gym
Cost: $10

Friday Fun Night

Meet your friends for a Friday evening of epic fun, activity, and a safe place to just hang out and beat the winter Friday night boredom. There will be organized games, pizza, rockin' music, crafts and definitely a good time! You won't want to miss this chance to hook up with your friends and have a great time!
Dates and Times:
Rendezvous Students, 3rd-5th grades:
Friday, Jan. 25 Rendezvous Gym
Middle School Students, 6th-8th grades:
Friday, Feb. 8 Middle School Gym
Time: 6-8 p.m.
Cost: $5

Rapid Rally Tennis

Here is a great new class! Mary Lea Wolf and the RHS Tennis players are offering a chance for kids to learn the game of tennis, have fun and build skills. Kids play while they learn through fun games and drills. Our wonderful instructors will teach forehand, backhand, and serving all while working on proper strokes and technique.
Date: Oct 16-Nov 8
Days: Tuesdays and Thursdays
Time: 3:45-4:45 p.m.
Place: Rendezvous Gym
Cost: $10
Ages: 3rd, 4th, and 5th grades

Indoor Soccer

Here is the opportunity to play soccer year-round! Join RYSA soccer coaches Shannon and Julie Watts in this fun, fast-paced soccer that is played indoors. There will be a variety of drills and games all designed to improve your soccer skills. This program does not use the 'R' Recreation registration form. Please ask for the RYSA registration form.
Dates: Jan. 6 - Feb 24, Sundays
Times: u8/u10: 2-3 p.m.
u12/u14: 3-4 p.m.
Place: CWC Gym

Cost: $10 payable to RYSA
Registration form: must use a RYSA registration form. 'R' Recreation form will not be accepted.

Soccer Camp

Our RHS soccer teams are among the most successful at the high school level and you get to be a part of it for a morning! This camp will be led by Riverton High School soccer coaches and will focus on improving foot skills, striking, and strategies of the game. What a great way to spend a Saturday morning being involved in dynamic, interactive drills and games. A registration deadline is imposed so that T-shirts can be ordered. Please register by March 1st.

Date: March 9, Saturday
Registration deadline: March 1
Ages and Times:
U8, U10 8:30-10 a.m.
U12, U14 10 a.m.-noon
Place: CWC gym
Cost: $10
Additional information: u8= 7, 8 yr olds; u10=9, 10 yr olds; u12=11, 12 yr olds; u14= 13, 14 yrs old

Dodge Ball Tournament

Want something exciting and a bit competitive to do in the dead of winter? Get your friends and form a team for this fun double elimination tournament. Teams must register in advance by February 13!

Date: February 16, Saturday
Registration deadline: Feb. 13
Time: 10 a.m.
Place: CWC gym
Ages: Sixth, Seventh, and Eighth grade divisions
Cost: $5/player

SPORTS FOR THE ADULTS

Adult Co-ed Volleyball League

This is the same great league that has existed in Riverton for years so get your team ready for some good competition and exciting volleyball matches! Teams can be any combination of men and women but may not have more men. There will be both a fall and spring session with tournaments concluding each session. Each team is required to ref and scorekeep for another game during the evening. There is a limit of 12 teams so get registered today. Teams must register prior to the Friday before league starts.

Days: Wednesdays
Dates: Fall: Oct. 3-Nov 14 **Reg deadline:** Sept. 28
Spring: Feb 6-March 27 **Reg deadline:** Feb. 1
Time: 6-9 p.m.
Place: Riverton High School Gym
Cost: $60 per team

Men's Basketball League

Get your team ready for Riverton's City League basketball. Limited spots available so get registered early! ***Teams must be registered by January 18th***, no exceptions. There will be a mandatory captains meeting on Tuesday, January 22. Teams must be represented to be included in league play. 'R' Recreation will do its best to provide referees and score keepers, but each team may be asked to assist.

Days: Mondays and Wednesdays
Dates: Jan. 28 -March 20
Time: 6-9 p.m.
Cost: $350 per team
Registration deadline January 18 – no exception!
Mandatory team meeting: January 22; 7:00 p.m. at CWC gym lobby

Men's 40+ Basketball League

This extension of the Riverton City League is for those players who are 40 years and older. Men of all abilities are encouraged to get a team together and play in this semi-competitive league. ***Teams must be registered by January 18***. There will be a mandatory captains meeting on Thursday, January 24. Teams must be represented to be included in league play. 'R' Recreation will do its best to provide referees and score keepers, but each team may be asked to assist.

Days: Mondays & Wednesdays
Dates: Jan. 28-March 13
Time: 6 p.m.
Cost: $250 per team
Registration deadline January 18 – no exception!
Mandatory team meeting: January 24; 7:00 p.m. at CWC gym lobby

Women's Basketball League

Ladies, here is your chance to get your teams together for Riverton's first Women's Basketball League. ***Teams must be registered by January 18th***, no exceptions. There will be a mandatory captains meeting on Tuesday, January 24th. Teams must be represented to be included in league play. 'R' Recreation will do its best to provide referees and score keepers, but each team may be asked to assist.

Days: Mondays & Wednesdays
Dates: Jan. 23-March 9
Time: 6 p.m.
Cost: $250 per team
Registration deadline January 18 – no exception!
Mandatory team meeting: January 24; 7:30 p.m. at CWC gym lobby

Fall Recreation/Learning Opportunities

TODDLER CORNER

My Wonderful World

What a fabulous way for your preschooler to have the opportunity to explore nature, experience science, and participate in seasonal activities and crafts. This class, taught by a certified teacher, will be three weeks and many will center around the seasons with age appropriate activities that will help foster their creativeness and curiosity. Children will need to wear appropriate clothing for messy projects and painting.

Dates: Oct. 9-25 The Wonders of Fall
Nov. 8-20 A Feast Full of Fun (2 week class)
Jan. 15-24 Winter Wonderland
Feb. 19-28 Be My Valentine
March 19-28 Spring Fling
Days: Tues & Thurs
Time: 9-10 a.m.
Place: Little Winter Center, Fairgrounds
Cost: $10 per session
Ages: 3-5 year olds

Big Space Toddler Time

Toddlers are very special. Their curiosity is high, they plunge headlong into life ready to taste and test every inch of this new world. For optimal development, they need a broad base of experiences, hosted by adults who offer new and exciting situations for them to explore and manipulate freely. Moving in spaces bigger than most living rooms and learning how to roll, kick and throw a ball, step on and over things, crawl through things, jumping and running is important for their gross motor development. We are inviting your toddler to come to our gym for this type of activity. We will set up an environment that is enticing to your child. The instructor has received training in the WestEd infant/toddler curriculum.

Dates: Session A: Sept 15-Oct 27
Session B: Nov. 24-Dec. 22
Days: Saturday
Time: 10-11a.m.
Place: Tonkin Activity Center, entrance at the main set of North facing glass doors behind Tonkin bleachers
Cost: $15
Ages: 1 and 2 year olds

Kidsercise

Your preschool aged child will be dancing and singing as they experiment with balls, hoops, and bean bags, games of tag and many other fun games. Through these activities children get the movement and exercise they love and need, while simultaneously developing all of the learning domains that are so critical for later school performance. This class is based on a curriculum for Preschool and Kindergarten age children from the Netherlands, and facilitated by a teacher from the Netherlands. Come dressed ready for action!

Dates: Session A: Sept 15-Oct 27
Session B: Nov. 24-Dec. 22
Days: Saturday
Times: 11 a.m.-noon
Place: Tonkin Activity Center, entrance at the main set of North facing glass doors behind Tonkin bleachers
Cost: $15
Ages: 3-5 year olds

Little Spikers Volleyball

Boys and girls, ages 3-5, come and join the fun and excitement with the Riverton Little Spikers Volleyball program. The camp consists of a series of fun group activities and non-competitive short games. Riverton Little Spikers focuses on exercise, coordination, participation and basic volleyball skills all while having fun. You couldn't find a better way to introduce the exciting sport of volleyball to your preschooler.

Date: Session A: Oct 31-Nov 15
Session B: Feb 5-21
Time: 3:30-4:30 p.m.
Place: Aspen Park Elementary Gym
Cost: $10
Ages: 4-8 year olds

Christmas Creations for Toddlers

We love Pintrest, too, and we have selected some great gifts for your 3-5 year old to make. Get your preschooler involved in the holiday festivities! Children, ages 3-5 years, will create a unique gift to give to their favorite person. Everything for this unique Christmas gift will be provided except for the time and the love it takes to make it!

Date: Saturday, December 8
Time: 10:30 a.m.-Noon
Place: CWC, ProTech Building, Rm 115
Cost: $10
Ages: 3-5 year olds

For more youth craft classes see pages 11-12.

Fall Recreation/Learning Opportunities

CALL 855-2125 TO REGISTER NOW!

FOR YOUR HEALTH AND WELL-BEING

First Aid and Heart Saver CPR with AED

First Aid course trains individuals to act in emergencies and to recognize and care for life threatening situations such as cuts, burns, sudden illness, seizures, and injury. In CPR, learn to use AED and to resuscitate adults, children and infants. These valuable skills could save the life of a loved one in an emergency. Successful completion of the course results in a two year first aid, AED and CPR certification from American Heart Association. Diana Cooper is the experienced, certified trainer for this course.
Limit: 10
Sat/Oct 6
8 AM – 3:30 PM, with lunch from 12:30-1:30 PM
$60
Aquatic Center Classroom

Beginner's Yoga

An introductory, 6 week course for all students, especially those new to yoga. **The class will include the teaching of basic postures and** breathwork within the framework of Anusara yoga and the Five General Principles of Alignment. Taught by Carol Sorenson, Certified Yoga Instructor. **Please bring a yoga mat and firm blanket; wear loose fitting clothing.** For ages 15 and up. **Limit: 12**
Wed/Oct 3-Nov 7
5:30-7 PM
$60
CWC Art Center Dance Studio

Continuing Yoga

Eight weeks of yoga for students with previous yoga experience. The course will build on the fundamentals taught in Introductory Yoga and will expand the framework of the Anusara Principles of Alignment within the postures and breath work. Come try our new yoga space and continue learning with Carol. Students are requested to wear loose, nonbinding clothing and bring a yoga mat and firm blanket to class. Limit 15
Mon/Oct 1-Nov 5
5:30-7 PM
$70
$60
CWC Art Center Dance Studio

Holiday Mini-Session Yoga

This short course is for students with previous yoga experience. Come to de-stress your holiday season! Carol Sorenson is the experienced instructor. Limit: 15
Mon/Dec 3-17
5:30-7 PM
$30
CWC Art Center Dance Studio

Qigong Movement

Qigong (pronounced, "Chee Gung") is based on Chinese Medicine as a health-building practice for approximately five thousand years. Qigong can be practiced by almost anyone… young or old, strong or weak, in shape or not. Even people with serious illnesses or those in wheelchairs can greatly benefit. By practicing Qigong on a daily basis you can slow the aging process, relieve pain and fatigue, clear the effects of stress, and improve brain function as well as digestion. Removing blockages that trigger disease is also a benefit. This class will focus on movement, healing sounds for your vital organs and nurturing meditations that in Chinese Medicine bring fulfillment, balance and inner peace. Students have experienced complete healing of illnesses and imbalances while taking part in these classes. Judy Thurman is a certified Qigong Movement instructor. She teaches Qigong throughout Fremont County and will be a graduate and practitioner of Medical-Clinical Qigong in June. Through the study of Qigong she has learned about the complete healing of the body, mind, spirit and soul and considers it an honor to have this opportunity to share this ancient wisdom with the community. Feel free to call Judy at 840-1923 with any questions. Two sessions at different times to choose from.
Session I: Mon/Oct 1-Nov 5
6-7 PM
Session II: Fri/Oct 5-Nov 9
6:30-7:30 AM
$55
CWC Professional-Technical Building 115

Meditation, Chakras, Auras

Learn simple meditation techniques to relax and refresh the body, mind, spirit. Additional information about our energy centers (chakras) and energetic fields (auras) will be made available. The instructor, Nancy Sehnert, draws on 15 years of meditation practice and study of the human energy field. Her previous classes have been very well received. Students should bring water, a blanket, and a notebook. All ages (must be able to sit quietly), male and female, are welcome.
Tues/Oct 2-23
6:30-7:30 PM
$30
CWC Library 200E (upstairs –elevator available)

Fall Recreation/Learning Opportunities

The Art of Meditation

This introductory class is a perfect opportunity to learn the most essential points of meditation. We all want to have a peaceful mind. Meditating helps us to overcome stress, develop positive minds, and find inner peace. This class includes practical instruction, guided meditation, and chance for Q&A. Instructor, Gen Kelsang Rinzin, is an American monk from the Heruka Buddhist Center in Ft Collins. His courses are popular in Riverton and Casper, where he teaches regularly. Limit: 30
Friday/ Sept 21
7-8:30 PM
$20
Pro-Tech Building 106

Dealing with Loss

We all need healthy ways of dealing with impermanence. Buddha said the end of collection is dispersion, the end of rising is falling, the end of meeting is parting, and the end of birth is death. Impermanence is a natural part of life, so why do we find it so painful? In this meditation class we will learn methods to let go of the grief and suffering that we usually experience with loss. Again the instructor is Gen Kelsang Rinzin.
Friday/Nov 16
7-8:30 PM
$20
Pro-Tech Building 106

Intro to Healting Touch™

Explore the possibilities of this growing integrative healing work. Experience how practitioners gently manipulate the naturally occurring human energy field to enhance wellness and healing through body, mind, spirit connections. Healing Touch is 100% compatible with the western medical model and is used in medical facilities in the US and around the world. Nancy Sehnert is a Healing Touch Certified practitioner and maintains a private practice in Riverton.
Thurs/Sept 18
6:30-8:30 PM
$25
CWC Pro-Tech 115

Childbirth with Confidence

Lamaze childbirth classes promote natural, healthy and safe approaches to pregnancy, childbirth, breastfeeding and early parenting. This class is taught by public health nurse, Jan Hubenka RN, Lamaze Certified Childbirth Educator and Advanced Nurse Lactation Consultant. This course will help you make informed choices about your birth experience. A labor bag and the Lamaze book, "Giving Birth with Confidence" included.
Mon/Oct 15-Nov 19
6:30-8:00 PM
$30.00/person or couple
CWC Professional-Technical Center 106

ACTIVITIES

Zumba®

Join instructor Melissa Garrett for this great exercise/ dance class! Zumba® is a Latin dance-inspired workout that is exhilarating and fun! This is a one-hour calorie blasting class. Zumba® features "feel good" moves that are great for all fitness levels (no experience necessary). Instructor Melissa comes from a dance background, including Utah State University's ballroom dance team and is a certified Zumba® instructor. She is excited to be teaching Zumba® where she can combine her passion for international dance and fitness. Come try it out and get hooked! Two sessions available this fall.
Session I: Tues/Sept 25-Oct 30
Session II: Tues Nov 13-Dec 18
7-8 PM
$30
Rendezvous School Gym

Scuba Diving

You can become a certified diver with attendance at this weekend course and a following open water dive. This is a beginning class, combining classroom and practical training. Fee includes use of gear in pool, a new video, all books and dive log. Additional open water dive required for certification. Lee Burgess of Western Wyoming Divers is the PADI-certified dive instructor. Please plan to pay $10 at the pool for use of the pool.
Fri, Sat, Sun/Oct 19, 20, 21
Fri: 7-9:30 PM
Sat, Sun: 8 AM - 4 PM
$285
Fri: CWC Professional Technical Center 106
Sat, Sun: High School Pool

Swing Dance Workshop!

Round up a partner and come learn basic swing, two-step, and some cool new moves with our new dance instructor, Brant Lyman. Brant works on a ranch in Ten Sleep, trains horses and hopes to share his enjoyment of dancing with others! You'll get practice time to perfect your steps during this 3 hour workshop. Limit: 20 couples
Mon/Sept 10
6-9 PM
$25 per person
Ashgrove Elementary Gym

Fall Recreation/Learning Opportunities

ARMCHAIR TRAVELERS

Off to Mongolia!

Join Meredith and Tory Taylor of Dubois as they relate a trip of a lifetime! They spent two weeks riding and camping in the mountains of Mongolia, experiencing the extraordinary people, horses, animals and alpine flowers. Share with them their joy at milking reindeer and living in a tipi village high in the mountains. Their photographs will make you feel like you were there!

Wed/Sept 26
7-8 PM
$5
Riverton Public Library

Jerusalem – Trembling Cup for the Nations

Excavations by Hebrew University of Jerusalem uncovered the 4000 year old Jebusite site that became the Town of David, the Judgment Gate, Gabbatha, and barracks of the Roman army. The pools of Bethesda and Shiloach and steps and stones from the Second Temple were also discovered. Kurt and Suzanne Schafli participated in an archeological dig in this region which, combined with their interest in Biblical history and extensive photographs, have produced interesting and well-received programs.
Wed/Nov 7
6:30-8 PM
Free – donations gratefully accepted
Riverton Public Library

Golgatha & Beyond – The Cost of True Freedom

This presentation by Kurt and Suzanne Schafli highlights the archaeological history of the early Christian Church and includes Roman might at Beith-Shan and Jewish courage at Masada, which led to the steadfastness of Dietrich Bonhoeffer and friends during WWII.
Wed/Nov 14
6:30-8 PM
Free – donations gratefully accepted
Riverton Public Library

HORSE CLASSES

James Morgan Horsemanship Clinic

This weekend can help you to develop your horse and/or get yourself ready to compete. As a full time professional horse trainer, James Morgan specializes in starting colts for both Western and English disciplines. James grew up on a small ranch in Burlington, Wyoming where he earned a full ride rodeo and academic scholarship to CWC. Since graduating from CWC, James started and operates a horse training facility in Bennett, Colorado. Even though his training facility is in Colorado, he regularly trains horses brought to him from many other states. He continues his education by riding with top horsemen across the country whose specialties range from riding colts to the show pen. He's been invited to utilize and demonstrate his abilities across the country and internationally. James has started colts in CA, NV, TX, CO, WY, MT, and also New South Whales and Queensland, Australia. See more and contact James at: www.JamesMorganHorsemanship.com , (303) 913-5667. On Sat, James will offer private, 1 hour lessons starting on the hour, first lesson 8 am. You can enroll in the clinic on Sunday for either half the day, or all day. Contact James for information on special rates for group lessons.
Sat,Sun/ Sept 8,9
8 AM – 4 PM
Individual lessons - $100
½ Day Clinic - $100
All Day Sunday - $150
Wilson Rd, 9 miles north of Riverton on Hwy 28 – Scott Ratliff's Barn

Teaching Your Rope Horse

Join new instructor, Dana Nicholls, for this introductory course teaching the steps to creating a solid, performance ready rope horse. Focus on desensitizing your horse to the rope, tracking a cow, stopping on cue, lead steering, roping out of the box, working with a barrier, to performance ready. Dana Nicholls grew up in Wheatland, married Dahl Nicholls and moved to Riverton this summer. She graduated from the University of Wyoming with a Bachelors Degree in Business Administration, having attended South Plains College and the University of Wyoming on rodeo scholarships. She competes in Barrels, Poles, Breakaway, Goat Tying and Team Roping. Her rodeo :awards include: Southwest Region Champion Goat Tyer, Southwest Region Champion Breakaway Roper and Southwest Region Reserve All-Around Cowgirl as well as multiple CNFR awards. Limit: 10
Tues/Sept 25-Nov 13
6-8 PM
$85
Wilson Rd, 9 miles north of Riverton on Hwy 28 – Scott Ratliff's Barn

Beginner and Intermediate Roper

Learn how to rope from the ground up. Beginner class starts on the ground with fundamentals and works into horsemanship. Intermediate class starts on the ground and works toward roping off your horse at a faster pace. Cousins Dana Nicholls and Corbin Nicholls team-teach this course, with Dana taking the beginning students and Corbin the intermediate students. Limit: 12 total

Wed/Sept 26-Nov 14
6-8 PM
Beginners: $85
Intermediate: $130 (includes stock fee)
Wilson Rd, 9 miles north of Riverton on Hwy 28 – Scott Ratliff's Barn

4-H Timed Event

Misty Ingals will work with youngsters 7-15, to prepare them for 4-H timed event competition. Please call Misty with questions 851-2311. Limit: 10
Sun/Sept 23-Nov 4
10 AM-noon
$85
Wilson Rd, 9 miles north of Riverton on Hwy 28 – Scott Ratliff's Barn

4-H Riding

Another opportunity for 4-H members. This course will cover Western riding and halter instruction and is taught by Matese Sims, who has extensive experience showing in 4-H and FFA, and has taught private riding lessons locally for years. Please call her at 840-1669 if you have more questions. Limit: 10
Sun/Sept 23-Nov 4
10 AM-noon
$85
Wilson Rd, 9 miles north of Riverton on Hwy 28 – Scott Ratliff's Barn

Barrels and Poles for Young Riders

Join Jenny Clymer for this great class, designed especially for ages 8-18. Gain experience, confidence, and comfort on your horse as you develop your skills barrel racing and pole bending. Jenny loves to share her knowledge of riding and passion for horses with her students and her classes always have returning students. Rental horses may be available for this course; call 851-5678 to make arrangements. Limit: 10
Thurs/Sept 27-Nov 15
6-8 PM
$85
Wilson Rd, 9 miles north of Riverton on Hwy 28

NURTURE CREATIVITY

Pottery Studio

Join CWC's pottery instructor, Dan Brown, to learn basic skills or polish old ones, working either on the wheel or with hand-built techniques. If you're experienced, you'll also learn to mix glazes and help with firing. Dan has a loyal following of Riverton residents who are really enjoying the opportunity to perfect their skills and knowledge. Students will have 3 hours of class time every Tuesday for 8 weeks and access to the lab at other times, to coincide with Dan's schedule in the studio. Limit: 16
Tues/Oct 2- Dec 4
6:00-9 PM
$85 tuition plus $45 lab fee (includes clay, glazes, firing)
CWC Art Center 113

Needle Felted Autumn Tablerunner

Join needle felting instructor, Nancy Jones, to make a unique runner or table mat, decorated with fall motifs…. autumn leaves, pumpkins, Halloween, etc. These quick projects are done on custom felted mats made by Billie of Lucy's Sheep Camp. Students can choose between two sizes of mats; in a variety of colors. Using many shades of custom-dyed beautiful Wyoming wool and autumn-themed cookie cutters, students will create their own small masterpieces. This technique is easy to learn, surprisingly simple, and offers great creative potential as you design your mat to reflect your taste and color scheme. This could be the perfect gift for someone who has everything or use your mat to spice up your fall decorating! Purchase your materials, which include the felted mat and colored wools, from Nancy at the class. Other equipment is provided. Come look at samples of what you will make, in the display case in the hall, outside the "R" Recreation office! Limit: 10
Thurs/Sept 27
7-9 PM
$16
CWC Art Center 133

Needle Felted Santa

Both beginners and previous students are welcome! Come make a small Santa ornament or figure, learning a variety of needle felting techniques. Experienced needle felters can add new embellishment techniques and refine skills to achieve the face they want for their Santa. These 3-dimenensional figures are unique, each with its own personality and color scheme. The beards are especially endearing as they are made with wavy, curly white and ivory wool! This simple craft is easy to learn and produces a finished product quickly. Nancy Jones is the very experienced instructor for this course. The materials for two Santas and equipment are included in the price. Minimum age is twelve. See display case outside the "R" Rec office for Santa examples! Limit: 10

Thurs/Nov 29
6 -9 PM
$30
CWC Art Center 133

Fall Recreation/Learning Opportunities

Needle Felted Winter/Holiday Table Runner

The Spring table runner was so popular that Nancy is teaching two table runner classes this fall! Using the same technique described above, make a winter or holiday themed mat with which to grace your table. Materials costs vary, depending upon the size of mat chosen. These wonderful creations use beautiful Wyoming wool and make great gifts, for yourself or others! Gather up your friends for a fun, productive evening! A sample mat is on display in our case, outside the "R" Recreation office.
Limit: 10
Thurs/Oct 25
7-9 PM
$16
CWC Art Center 133

Needle Felted Christmas Tree Ornament

In case it isn't obvious, needle felting has gained quite an enthusiastic following in Riverton! Check out these lovely, lightweight balls, in our display case. Starting with loose, unspun Wyoming wool, custom dyed in holiday colors, needle felt it into a ball, then enhance the surface with bits of colored yarn, metallic threads, whatever strikes your fancy! Lightweight, unbreakable, made with a local material….totally unique! Bring your own tools, if you have them, or buy what you need from Nancy at the class. This is an easy, very inexpensive craft which offers amazing opportunities for creativity. No students under age 12 please; the needles are extremely sharp.
Thurs/Dec 6
6-8 PM
$16
CWC Art Center 133

Jewelry Books

Come stretch your creativity by making unique books that become jewelry. We will learn the basics of bookmaking as well as how to turn memories into jewelry. Feel free to bring photos or poems you would like to add to the piece, or you can add personal touches at a different time. An example of these unique creations is on display in our case – come check it out! Jillian Lewis is excited to share this great project and her own creations are eagerly received gifts by friends and family! The materials fee of approximately $10 will be paid directly to the instructor at the class and will include enough material to make a second piece of jewelry at home. Two sessions – choose whichever fits your schedule best! Limit: 15
Session I: Wed/ Oct 24
6:30-9 PM
Session II: Sat/Oct 27
9:30 AM – noon
$8
CWC Art Center 133

Candle Making

Students will make several different types of decorative candles in this Saturday morning workshop. You'll experiment with classic candles like "ice cube" and frosted snowball candles, as well as molded candles, learning to melt wax and handle it safely. Each student will take home at least three finished candles, perfect for gift-giving, holiday bazaars, and decorating your own home. Judy Hubbard is skilled in many areas of crafts, candle making is just one! Plan to pay her approximately $15 for supplies at class. Limit: 12
Sat/Nov 3
9 AM-noon
$9
Location: TBA

Quilitng "Leftovers!"

An example of this quilt, done in a collage of fabrics (you choose the color scheme!) is on display at The Breadboard in Riverton. This pattern is reminiscent of lattice and can utilize scraps, fat quarters or jelly rolls, all cut into strips. The pretty quilt is a good beginner project for new quilters; fun and relaxing for the more experienced. Materials list available at registration. Popular and very experienced, Sharon Born is the instructor for this course.
Limit: 16
Mon/Oct 1- Nov 5
7-9 PM
$38
Riverton High School Home Ec Sewing Rm

Crocheting a Rug

A great recycling project! Turn that mountain of unused t-shirts or old sheets at your house into easy, pretty, and cushy throw rugs. This quick and easy technique uses simple crochet stitches, giant hooks, and old t-shirts or torn fabric strips to make great bath, kitchen, porch, and bedside rugs which are a delight to step on. Bring sharp scissors or a rotary cutter and mat, and old t-shirts or sheets. You should know how to do a basic crochet stitch before taking this class. Judy Hubbard, instructor, has made dozens of these pretty, useful rugs, recycling lots of throw-away fabrics in the process. They make great gifts and are popular at bazaars and craft fairs.
Tues/Oct 16
6:30 -9 PM
$12 includes the crochet hook
CWC Professional Technical Center Conference Room

Wool Roving Saddle Pad or Rug Workshop

Using beautiful Wyoming wool roving (unspun wool), beginning students will learn the techniques to make saddle pads, rugs, pillows, cat/dog bed and more. This quick technique can be applied to many projects and is easily learned. Materials will be available to make other

projects. The instructor is Anita Thatcher, a long time advocate of wool. Plan to pay $15 directly to instructor at class for tools and materials. This class has been very popular and promises to fill early; register soon to avoid disappointment! Limit: 12
Sat/Oct 20
10-12 PM
$15
CWC Art Center 133

Denim Rug

Back by popular demand! Turn your old jeans into sturdy, functional rugs with a special tool and this simple technique. No sewing required. Bring scissors, a couple pair of old jeans and a roll of masking tape. Plan to buy the custom-made, hardwood tool for $3 from instructor, Cynthia Griewahn. A great way to recycle, instead of throwing away, worn out denim jeans.
Thurs/Oct 11, 18
7-9 PM
$20
CWC Art Center 133

Fix it and Save Money!

Learn simple clothing repairs that can make your clothes last longer! You will learn to sew on buttons; fix seams, hems and holes; and shorten or lengthen hems. These simple skills can save you money on your clothes and the kids' clothes. No sewing experience needed and appropriate for kids 12 and older.
Tues/Oct 16, 23
6:30-8:30 PM
$20
Riverton High School Home Ec Sewing Room

CREATIVE KIDS

Fremont County Youth Music Ensemble

Come join a new and exciting performing group in Fremont County for youth in grades 3-6! Amy Hageman and Pam Schweigert, both music teachers in Fremont County, will lead the ensemble in this fall's theme of ***Africa***. Through the culture of African rhythms and music, students will explore drumming, songs, traditional hand games, movement, and Orff instruments. Parents will be asked to provide healthy snacks for one rehearsal during the fall semester. A culminating performance will be held on November 27th. A great opportunity for quality music experience, training, and fun for your youngster.
Mon/Sept 10-Nov 26
5-7 PM
$45
Aspen Park Elementary Music Room

Saturday Art for Young Artists

This series of classes is taught by Linda Johnson, well-known local artist with a gift for working with young people. The classes each teach various principles of art and enhance fundamental art knowledge with projects that appeal to youth. Examples in display case in office. All materials and fees (including two firings for pottery pojects) are included in the prices for a bargain on quality art instruction.

Let's Paint a Colorful Landscape

Students will be guided step-by-step to complete an autumn scenic painting using acrylics. Use underpainting, palette knife and a variety of special brushes. Wear old clothes or bring a paint shirt. For students grades 3 and up. **Limit: 12**
Sat/Oct 27
9-11:30 AM
$16
CWC Art Center 106

Let's Paint a Winter Watercolor

Create your own colorful watercolor painting, using masking, salt, sponges, and much more. Learn about positive and negative space, color compliments and design. You'll be proud to mat and frame your completed art. Create a special Christmas present for your family! For grades 1 and older. **Limit 10**
Sat/Dec 8
1-3:30 PM
$16
CWC Art Center 106

Let's Do a Coper Embossed Wall Decoration

Students will emboss copper sheets with special tools. The copper will then be finished with a patina for a beautiful effect and additional color can be applied if desired. The finished art work is suitable for matting and framing for display. Another great, creative gift for a loved one! For grades 3 and up. **Limit 12**
Sat/Oct 6
9-11:30 AM
$16
CWC Art Center 106

Let's Do Printmaking Holiday Cards

Young artists will emboss their designs onto a printing plate, which is then inked with colorful special inks, and printed onto cards for the upcoming holidays. Designs can reflect personal family beliefs and traditions. Kindergarteners and

(continued on next page)

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up will enjoy this process. Price includes all materials.
Limit: 15
Sat/Dec 1
1-3 PM
$14
CWC Art Center 106

Let's make Pottery Holiday Ornaments (3-5 Years Old)

Ornament designs will include darling matchbox mice, pocket pouches, wreaths, snowmen and stars to hang on a tree or wall. Students will use slabmaking, coils, colored clays and a variety of glazes to create their treasures. Limit: 12
Sat/Dec 1, 8
9-10 AM
$14
CWC Art Center 113

Pottery Christmas Theme Wall Decorations For Gradeschoolers

Students can choose to make a deer, wreath with ornaments, or an angel to hang on the wall. Students will use slab making, coils and a variety of glazes to create their treasures. Limit: 12
Sat/Dec 1, 8
!0:30 AM-noon
$20
CWC Art Center 113

Make Fairy Skirts!

Your kindergarten or slightly older daughter will have fun making an ultra-simple, floaty fairy skirt for playtime! You are welcome to accompany your child and you will both learn this simple technique so you can even make future gifts for her friends! (No charge for mom!) Rayne Fabion is the fun, bubbly instructor, and parent of a "girlie" girl who loves these darling skirts! Limit: 12 children
Sat/Oct 20
10-11 AM
$10 includes all materials
CWC Professional-Technical Building 115

Kinetic Gear Art (K-2nd graders)

Kinetic art is a combination of art and movement. Kids will have a blast creating a moving piece of art, as well as learning how gears work. We will design unique gears with optical illusions to make this a one-of-a-kind art piece to give as a gift, or cherish at home. Jillian Lewis has taught classes through the Lander Art Center and volunteers at the Wednesday Farmer's Market, leading children's art activities. Limit 15.
Tues, Thurs/Nov 6, 8
3:30-5:30 PM
$16 includes materials fee
Ashgrove Elementary

Kinetic Gear Art (3rd-5th graders)

Another Kinetic Gear Art for older students. Again, under Jillian's experience guidance, kids will learn about gears and make unique, original art which moves!
Tues, Thurs/Nov 13, 15
3:30-5:30 PM
$16 includes materials fee
Rendezvous School

Kids Make Christmas Treats! (ages 4-7)

Children love to create, especially when the results are yummy to eat! Ages 4-7 will make decorated Christmas trees (ice cream cones!), dipped candy canes with sprinkles, Nutterbutter snowmen and more fun treats. Jennifer Metcalf is the teacher, with daughter Amber helping. Limit: 12
Sat/Dec 15
9-10:30 AM
$8 includes all the goodies!
CWC Professional Technical Bldg 115

Monthly Fun Treat (8-12 years old)

Come make yummy, fun treats, using the holiday of the month as the theme. Rayne Fabion is the enthusiastic instructor and taught this course at the Nicolayson Museum when she lived in Casper. Students can register for either or both days. 8-12 year olds, younger than 8 with adult. Limit: 10
Sat/ Nov 10 - Pilgrim Hat Cookies
Sat/Dec 8 – Christmas Caramel Apples
10 -11 AM
$8 includes all materials
St James Episcopal Church 519 E. Park (enter 6th St doors)

THE JOY OF DESSERT!

Classic Holiday Homemade Candy

Learn to make creamy rich fudge, gourmet truffles and almond bark treats under the expert tutelage of Judy

Hubbard. Delight your family and friends with special holiday candies made with love by YOU! Plan to pay instructor approximately $15 for materials at class. Limit: 12
Sat/Nov 17
9 AM-noon
$9
Riverton Middle School Home Ec Cooking

Homemade Pie

Make a variety of yummy pies with expert pie baker, Kimberly Shelley. Kim's pies have been very popular at the Riverton Farmers Market: particularly some of her unusual flavors such as Mango (double crust), Pineapple, and Caramel pies. Students will learn an easy, flavorful crust recipe, successful rolling and lining the pie pan and some fun ideas for the top crust. Starting with a fresh sugar pumpkin, learn how easy and quick it is to make the very best pumpkin pie you've ever tasted. You'll be amazed at how much more flavorful fresh pumpkin is. Several other pies will be made, including a double crust fruit. The more students who register, the more pie recipes will be made during class, so get your friends or sisters/daughters/mothers together and come make PIE! Limit: 20

Sat/Oct 27
9 AM-noon
$16 includes all materials
Riverton Middle School Home Ec

Fresh Homebaked Cookies

Jennifer Metcalf shares her favorite recipes and cookie baking techniques with you in this new class. Merengue Kisses will melt in your mouth, 7 Layer Bars are always a hit!, and you'll make several more special cookies to impress family and friends this holiday season. Plates of homemade cookies are such welcome gifts and it's fun to add new varieties to your offering! The first District 25 employee to register is free! Please plan to pay approximately $10 at class for materials. Limit 16
Sat/Dec 8
9 AM-noon
$9
Riverton Middle School Home Ec Cooking

Brittles and Toffee

Jennifer has made homemade candies all her life and will show you the secrets for successful cashew brittle, toffee, and more in this course. Another great addition to those holiday gift plates! Gather up your girlfriends and come have fun! Again, we need another District 25 employee, so the first to register is free. Materials for this course are approximately $10; please plan to pay the instructor at class. Limit: 16
Sat/Dec 1
9 AM – noon
$9
Riverton Middle School Home Ec Cooking

UPGRADE YOUR JOB AND COMPUTER SKILLS

Work at Home as a Medical Transcriptionist

Demand for medical transcriptionists is soaring! If you want to choose your own hours, have a business at home, find clients easily and make great money, this class will get you started. Discover a step-by-step guide to learning medical transcription simply and cost effectively, avoiding expensive and common mistakes. Learn to market your business easily and everything you want to know about pricing, collections, equipment, software, computers, business taxes, professional organizations, networking, employees vs. subcontractors and much more. Instructor, Deborah Burns, has been a medical transcriptionist over 20 years, operates a large medical transcription business and offers this training in many states. Her company provides ongoing mentorship, as well as an internship which can provide critical work experience, as you seek permanent employment. There is also a possibility of working for Deborahs Touch, her company, upon completion of the training. Check her website for more information: medtranscription.com.
Sat/Dec 15
10 AM-1 PM
$40 + $20 workbook fee payable to instructor
CWC Professional-Technical Bldg 106

Introduction to Computers and Windows

The basics, including how to find out what programs are on your computer and how to get them so they are handy to use. Learn to set up your desktop the way you want it and how to organize your files so you can find things when you want them. Connie Murray is the experienced

instructor for this class. Class meets in a teaching lab where each student will have his/her own computer to work on. Students may also bring a laptop if desired.
Limit: 15
Sat/Oct 6
9 AM-1 PM
$32
CWC Main Hall 160

Word I

Students will learn basic formatting, including cut and paste, fonts, borders, pictures and layout. This class will also cover printing envelopes and labels. You'll learn to get the most out of Word for everyday use. Bring a disk or flash drive if you want to save your work to take home.
Limit: 15
Sat/Oct 20
9 AM – 4 PM (hour lunch break)
$42
CWC Main Hall 160

Word II

Take your knowledge of Word a step farther with this course, also taught by Connie.
Sat/Oct 27
9 AM – 4 PM (hour lunch break)
$42
CWC Main Hall 160

Excel I

Learn ways that Excel can be used in your daily life. The instructor, Connie Murray, will show you how to develop your own spreadsheet or choose from templates that are available from Microsoft. These include calendars, lists and bookkeeping. Bring a flash drive or disk if desired.
Limit: 15
Sat/Nov 10
9 AM-4 PM (hour lunch break)
$42
CWC Main Hall 160

Excel II

You will learn more applications for this versatile program and expand your experience with it in this next level course. Connie Murray tailors her instruction to the students' needs. Bring a flash drive or disk if desired.
Limit: 15
Sat/Nov 17
9 AM-4 PM (hour lunch break)
$42
CWC Main Hall 160

Getting Started with Facebook

Catch up with your friends on Facebook! This quick course will get you started, give you valuable information about how Facebook posts can be "mined" and how to protect your privacy as you use this important social media tool. Like it!!
Wed/Sept 26
7-9 PM
$25
CWC Main Hall 157

'R' Recreation Winter Break Office Hours

Nov. 21-25 – Closed for Thanksgiving
Dec. 22-Jan. 6 – Closed for Christmas Break

Please use our convenient drop-box if you have registrations you would like to drop off during the Holiday Breaks. Registration forms can be obtain from our website www.cwc.edu/recreation

UPCOMING PROGRAMS TO WATCH FOR:

- National Girls and Women in Sports Day in February
- Zumba Dance Party for 4th-8th graders
- Free Saturday Movie Matinees

Fall Recreation/Learning Opportunities

ADDITIONAL RECREATIONAL OPPORTUNITIES

Riverton's Chamber of Commerce
Trick-or-Treat on Main Street
Wednesday, October 31st
Main Street Event: 6:00pm until the candy is gone!
This event is free and a safe environment for children to participate in trick-or-treating in our community. It's being held on Halloween night. All children in the community are invited to enjoy early trick-or-treating and participate in a costume parade, so be sure to wear your costume! The Chamber of Commerce asks that all children be accompanied by an adult. For more information contact the Chamber at 856-4801.

CWC's Oktoberfest

The CWC Foundation offers its 12th annual Oktoberfest Scholarship Fundraiser on **Thursday, October 4th**. Festivities will begin at 6:00 p.m. at the Holiday Inn. Tickets for the event are $25 in advance and $30 at the event and include a German meal. Corporate tables are also available. Attendees must be 21 years of age. Contact Foundation office at 855-2035 for more information.

Riverton Aquatic Winter Hours

Enjoy one of the finest aquatic facilities in the state. Facilities include hot tub, sauna, steam room, wading pool, and a main pool with lap lanes and diving boards. Contact the Riverton Aquatic Center at 856-4230 for more information.

Mon-Fri:	6 AM-12:30 PM	Open Rec/Lap Swimming
	5:30-8:00 PM	Open Rec/Lap Swimming
Sat-Sun:	Noon-6 PM	Open Rec/Lap Swimming
Deep Water Aerobics:		Mon, Wed, Fri: 6-7:00am
		Mon-Thurs: 5:30-6:30 PM
Fees:	Adult: $4, Seniors: $2, K-12 Students: $2, Family: $10	

Punchcards and discounted memberships are available

Riverton Ice Hockey Association

Ages: Three-Adults
Cost: Mites: $35; ages 8 years and under (full equipment rentals are available for $40)
Squirts: $120; ages 9 and 10
Pee Wees: $120; ages 11 and 12
Bantams: $130; ages 13 and 14
Midgets: $130; ages 15 and 16
Contact: Lee Hanson at 851-1212 or
Stacy Harper at 851-4177
Register: Online at www.rivertonhockey.org

Riverton Ice Rink Open Skate

The Riverton Ice Rink is open for community members to skate on Monday through Friday 8:00-4:00 p.m. unless there is a tournament or practice being held.

USA Wrestling

USA Wrestling is a great program for youth ages 5-18 who want to learn the sport of wrestling or improve their skills. Registration will begin January 3 at the 'R' Recreation office with a deadline of February 1. Practices will begin in February at the Tonkin Athletic Center. Fees will be $45 for the first child and $35 for additional children. If you register after February 1 the fees will be $50 per child and your participation in tournament will be delayed.
For more information contact Jake Briggs: 349-7969, Dusty Allen: 851-2264, Pam Briggs: 851-8858, or Kelly Rees: 851-5089.

Kid's Story Hour at the Library

Please contact the Riverton Library at 856-3556 for more information about STORY HOUR. The days and times have changed and pre-registration of participants is required.

Riverton Swim Club

The Riverton Swim Club is a competitive USA swim team and is accepting swimmers for the Fall session. It is open to all swimmers ages 6-18 who meet the minimum requirements. Practice times are Mon-Thurs from 5:30-6:30pm at the Riverton Aquatic Center. Check out our Learn to Swim pre-competitive program for kids ages 6-8, Tuesdays and Thursdays from 6:15-7pm. Contact Cathy Fisher at 840-1230 for more information or check online at www.rivertonswimclub.com

PlayPlace Music and Movement

PlayPlace will resume classes at St. James Episcopal Church, 519 E. Park, at 10am on September 16th and will run for twelve weeks ending on Tuesday, Dec 10th (no class Thanksgiving week). This is a free interactive class for children ages 18 months through 4 years old and their caretakers. There will be music, movement, art, video, centers, story time and a snack. The instructor is a retired music teacher, Veronika Schultz. Call 856-4555 for more information.

NON-DISCRIMINATION STATEMENT

Consistent with its mission to value diversity and to treat all individuals with dignity and respect, Central Wyoming College does not discriminate on the basis of race, color, national origin, ancestry, sex, age, religion, or disability in admission or access to, or treatment or employment in its educational program services or activities. The college makes reasonable accommodations to serve students with special needs and offers services to students who have the ability to benefit. Inquiries concerning Title VI, Title IX, or Section 504 may be referred to Jennifer Rey, the Human Resources Officer at Central Wyoming College, 2660 Peck Avenue, Riverton, WY 82501 (307) 855-2112 or 1-800-735-8418 (instate) or the Office of Civil Rights for Wyoming at Denver Office, Office of Civil Rights, U.S. Department of Education, Federal Building, 1244 Speer Blvd, Suite 310, Denver, CO 80204-3582, 303-844-5695, Fax 303-844-4303, TDD 303-844-3417, email OCR_Denver@ed.gov.

The spirit of free inquiry, which characterizes the educational environment, must be allowed to flourish within the context of mutual respect and civil discourse. Discriminatory, threatening, or harassing behavior against any group or individual based on, but not limited to, gender, color, disability, sexual orientation, religious preference, national origin, ancestry, or age will not be tolerated.

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PAYMENT DUE
AT REGISTRATION

RECREATION FALL 2012 REGISTRATION FORM

Student Name _____ Email: _____

Address: _____ Text Number: _____

Date of Birth: _____ Male_____ Female _____Phone_____

Parent/Guardian Name:_____ Phone Number:_____

Emergency Contact: _____ Phone Number:_____

Class #	Class Name	Dates	Times	Location	Classroom

I,_____parent/guardian, hereby give permission for CWC to use the likeness of my child for promotional purposes, such as newsletters, flyers, etc. Agree____ Disagree____

I,_____parent/guardian, herby give permission for any and all medical attention to be administered to my child in the event of accident, injury, sickness, etc. under the direction of CWC, until such time as I may be contacted. I also assume the responsibility for the payment of any such treatment.

In consideration for the acceptance of my child's entry, I hereby, for myself, my child, and my heirs, waive and release any and all rights and claims for damages I or my child may have against Central Wyoming College and their representatives and assigns for any and all injuries suffered by myself or my child at any activity sponsored by Central Wyoming College.

I understand that during an activity, my child's conduct directly affects the good order and safety of the group. I expect my child to exhibit conduct, and behave in accordance with their regular school rules. I agree that acts such as using tobacco, speaking with profanity, consuming intoxicating drugs or beverages, fighting or stealing cannot be tolerated. I agree to be financially responsible for any loss, damage, loss or use, or costs to persons or property caused by the actions of my child. If, at the sole discretion of the registered adult leader on an activity, my childs's acts or continual behavior and conduct violates school rules and regulations, I understand that I will need to make immediate arrangements to pick up my child from CWC and that my child will be suspended from all remaining program sessions

_____ _____

Parent/Guardian Signature/Date Student Signature/Date

For information call Mary Axthelm 855-2015, BriAnna Winter 855-2190, Sherry Shelley 855-2125

Mail form and check or money order to "R" Recreation/CWC, 2660 Peck Ave., Riverton WY 82501

Drop off at CWC Pro Tech Bldg., Room COTC 140, M-F 8am-5pm; seasonal extended hrs 8am-6pm March-May